

# SONORA ISD HIGH SCHOOL GRADES 9<sup>TH</sup> – 12<sup>TH</sup>

# AUG

## MENU 2023

### DINOSAUR VALLEY STATE PARK



#### ANNOUNCEMENTS:

SALADS

**TUESDAY:**  
CHEF SALAD

**THURSDAY:**  
CRISPY CHICKEN

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1

SUMMER  
BREAK

2

SUMMER  
BREAK

3

SUMMER  
BREAK

4

SUMMER  
BREAK

7

SUMMER  
BREAK

8

SUMMER  
BREAK

9

SUMMER  
BREAK

10

SUMMER  
BREAK

11

SUMMER  
BREAK

14

SUMMER  
BREAK

15

SUMMER  
BREAK

16

SUMMER  
BREAK

17

PIZZA  
SAVORY GREEN BEANS  
FRESH CARROTS  
GARDEN SALAD  
APPLE SLICE, COOKIE  
MILK VARIETY

18

HB / CB  
FRENCH FRIES  
HAMBURGER GARNISH  
TOMATO CUP  
FRUIT CUP  
MILK VARIETY

21

HOT DOG  
TATER TOTS  
TOMATO CUP  
FRUIT CUP  
MILK VARIETY

22

TEX- MEX  
(FRITOS, BEEF, SHRED CHEESE)  
SALSA, SPANISH RICE  
PINTO BEANS  
BELL PEPPERS  
APPLE SAUCE, SHERBET  
MILK VARIETY

23

CHICKEN ALFREDO  
2 BREADSTICKS  
GARDEN SALAD  
WINTER BLEND  
PEACHES  
MILK VARIETY

24

COUNTRY FRIED STEAK  
GRAVY, ROLL  
MASHED POTATOES  
CALIFORNIA BLEND  
STRAWBERRIES  
MILK VARIETY

25

CHICKEN BITES  
ROLL  
CORN  
FRESH BROCCOLI  
GRAPES, RICE KRISPY TREAT  
MILK VARIETY

28

BBQ SANDWICH  
FRENCH FRIES  
FRESH VEGGIE CUP  
STRAWBERRIES &  
BANANA  
MILK VARIETY

29

MEAT & CHEESE CHALUPAS  
SALSA, CORN  
REFRIED BEANS, SPANISH RICE  
SALAD GARNISH  
ORANGES, PUDDING  
MILK VARIETY

30

CHICKEN NUGGETS  
MAC & CHEESE  
GLAZED CARROTS  
YELLOW SQUASH & ZUCCHINI  
GRAPES  
MILK VARIETY

31

X-TREME BURRITO  
(QUESO ON SIDE)  
GREEN PEAS  
CUCUMBER & TOMATO  
APPLE SAUCE, COOKIE  
MILK VARIETY



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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